

THE CATHEDRAL OF SAINT PAUL

BIRMINGHAM, ALABAMA

ASH WEDNESDAY

MARCH 6, 2019

THE MOST REV. ROBERT J. BAKER, STD, CELEBRANT (12:10PM)



Welcome to the Cathedral of Saint Paul. The order of Mass can be found on page 3 in the Sunday's Word booklets found in the pew racks. Please follow this order of worship for today's music.

On Ash Wednesday, a universal day of fast, ashes are distributed. The faithful, by receiving ashes, enter upon the season appointed for spiritual purification. This sign, biblical in origin and preserved among the customs of the Church until our own day, expresses the human condition as affected by sin. In this sign we outwardly profess our guilt before God and thereby, prompted by the hope that the Lord is kind and compassionate, patient and abounding in mercy, express our desire for inward conversion. This sign is also the beginning of the journey of conversion that will reach its goal in the celebration of the sacrament of reconciliation during the days leading to Easter. - Ceremonial of Bishops

ENTRANCE ANTIPHON *Misereris omnium*

CF. WISDOM 11:24, 25, 27

Misereris ómnium, Dómine, et nihil odísti eórum quæ fecísti, dissímulans peccáta hóminum propter pænitentiam et parcens illis: quia tu es Dóminus, Deus noster.

X Miserere mei, Deus, miserere mei: quóniam in te confidit áнима mea.

You are merciful to all, O Lord, and despise nothing that you have made. You overlook people's sins, to bring them to repentance, and you spare them, for you are the Lord our God.

X Be merciful to me, O God, be merciful to me, for my soul confides in you.

On this day, the Penitential Act is replaced (albeit later in the Mass) with the Imposition and Distribution of Ashes. Mass begins with the Collect, or opening prayer.

LITURGY OF THE WORD

Today's Mass readings are found on page 54 in Sunday's Word.

FIRST READING

JOEL 2:12-18

RESPONSORIAL PSALM

PSALM 51:3-4, 5-6AB, 12-13, 14, 17

A musical score for the Responsorial Psalm. It features a treble clef, a '4' indicating common time, and a single measure of music. The lyrics are: Be - mer - - ci - ful, O Lord, for we have sinned.

VERSE BEFORE THE GOSPEL

II

G Lo- ry to you, O Word of God, Lord Je- sus Christ.

If today you hear his voice, harden not your hearts.

GOSPEL

MATTHEW 6:1-6, 16-18

BLESSING AND DISTRIBUTION OF ASHES

The choir or schola sing the following antiphons and responsory assigned by the Church for this day of penitence. For the hymns that are interspersed between the antiphons, please read down in the order of worship.

ANTIPHON I

Let us change our garments to sackcloth and ashes, let us fast and weep before the Lord, that our God, rich in mercy, might forgive us our sins.

ANTIPHON II

CF. JOEL 2:17; ESTHER 4:17

Let the priests, the ministers of the Lord, stand between the porch and the altar and weep and cry out: Spare, O Lord, spare your people; do not close the mouths of those who sing your praise, O Lord.

HYMN

ERHALT UNS, HERR

1. A - gain we keep this sol - emn fast, A
 2. The law and proph - ets from of old In
 3. More spar - ing, there - fore, let us make The
 4. Let us a - void each harm - ful way That
 5. We pray, O bless - ed Three in One, Our

gift of faith from a - ges past, This Lent which binds us
 fig - ured ways this Lent fore - told, Which Christ, all a - ges'
 words we speak, the food we take, Our sleep, our laugh-ter,
 lures the care - less mind a - stray; By watch - ful prayer our
 God while end - less a - ges run, That this, our Lent of

lov - ing - ly To faith and hope and char - i - ty.
 Lord and Guide, In these last days has sanc - ti - fied.
 ev - 'ry sense; Learn peace thru ho - ly pen - i - tence.
 spir - its free From schem - ing of the En - e - my.
 for - ty days, May bring us growth and give you praise.

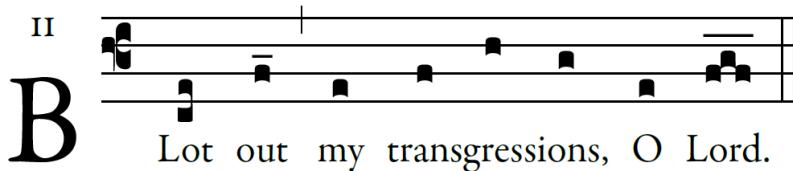


1. Lord, who through-out these for-ty days, For us did fast and pray,
 2. As you with Sa-tan did con-tend, And did the vic-t'ry win,
 3. As you did hun-ger and did thirst, So teach us, gra-cious Lord,
 4. And through these days of pen-i-tence, And through your Pas-sion-tide,
 5. A-bide with us, that through this life Of doubts and hope and pain,

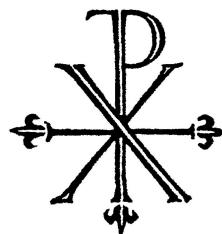


Teach us to o-ver-come our sins, And close by you to stay.
 O give us strength in you to fight, In you to con-quer sin.
 To die to self, and so to live By your most ho-ly word.
 For ev-er-more, in life and death, O Lord! with us a-bide.
 An East-er of un-end-ing joy We may at last at-tain!

ANTIPHON (AS NEEDED)



The preceding antiphon is sung before, between, and after verses of Psalm 51.

RESPONSORY *Emendemus in melius*

CF. BARUCH 3:2; PSALM 79:9

℣ Let us correct our faults which we have committed in ignorance, let us not be taken unawares by the day of our death, looking in vain for leisure to repent. Hear us, O Lord, and show us your mercy, for we have sinned against you.

℟ Help us, O God, our Savior; for the sake of your name, O Lord, set us free.

℣ Hear us, O Lord...

– (12:10pm) Gregorian Chant

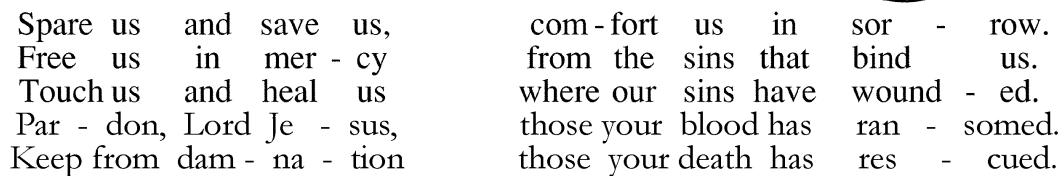
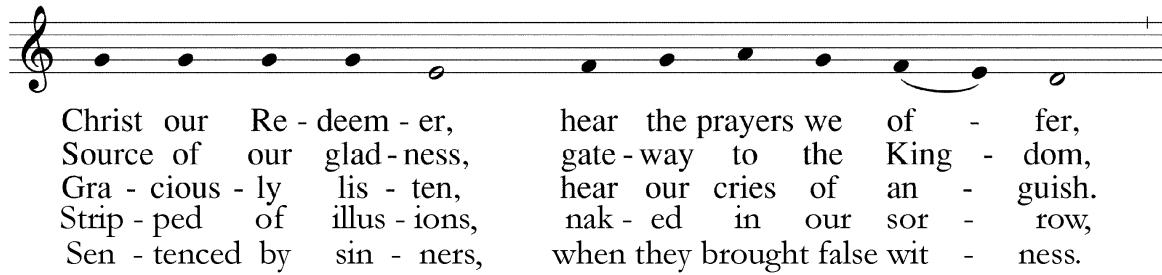
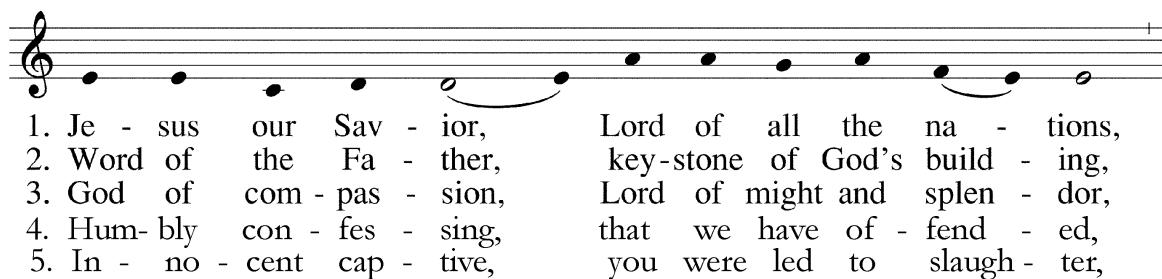
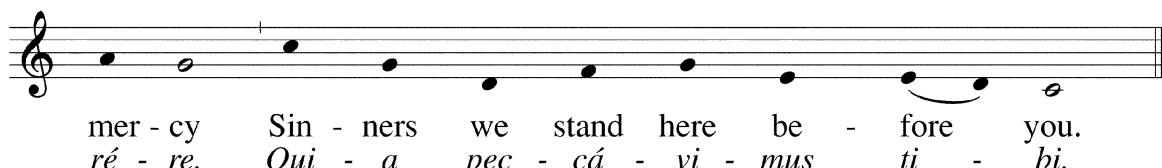
– (5:30pm) Latin polyphonic setting by William Byrd, *Cantiones sacrae*, 1575

LITURGY OF THE EUCHARIST

Page 7 in Sunday's Word

OFFERTORY

ATTENDE, DOMINE



OFFERTORY ANTIPOHON (5:30PM) *Exaltabo te, Domine*

PSALM 29:2-3

Exaltábo te, Dómine, quóniam suscepísti me, nec delectásti inimícos meos super me: Dómine, clamávi ad te, et sanásti me.

I will extol you, O Lord, for You drew me clear and did not let my enemies rejoice over me. O Lord, I cried out to You and You healed me.

SANCTUS

MASS XVIII

The image shows musical notation on a four-line staff. The first line starts with a large capital 'S' and the text 'Anctus, * Sánctus, Sánctus Dóminus Dé-us Sába-oth. Pléni sunt Holy, Holy, Holy.' The second line continues with 'Lord God of Hosts.' The third line begins with 'caéli et térra gló-ri-a tú-a. Hosánnna in excélsis. Benedíctus qui vénit' followed by 'Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes.' The fourth line concludes with 'in nómine Dómini. Hosánnna in excélsis.' followed by 'in the name of the Lord. Hosanna in the highest.'

MYSTERIUM FIDEI

We pro-claim your Death, O Lord, and pro-fess your Resur-rec-tion un-til you come a-gain.

AMEN

After the Doxology, the people respond "Amen" according to one of the formulae below:

for ev - er and ev-er. R. A-men. ... for - ev - er and ev - er. R. A - men.

AGNUS DEI

MASS XVIII

HOLY COMMUNION

We invite all Catholics who are properly disposed (i.e., in the state of grace and having fasted for one hour before communion) to come forward in the usual way to receive Holy Communion.

All others, including our non-Catholic guests, may remain in their pews and join us in prayer. Alternatively, to participate in the communion procession and receive a blessing, come forward in the line and cross your arms over your chest as you approach the minister. Thank you.

COMMUNION ANTIphon *Qui meditabitur*

PSALM 1:2-3

Qui meditábitur in lege Dómini die ac nocte, dabit fructum suum in témpore suo.

He who ponders the Law of the Lord day and night will yield fruit in due season.

COMMUNION

O FOOD OF EXILES LOWLY

INNSBRUCK

1. O Food of ex - iles low - ly, O Bread of
2. O cleans - ing wa - ter, stream - ing From Je - sus'
3. O Lord, we kneel be - fore you And fer - vent-

an - gels ho - ly, O Man - na from on high! We
side, re - deem - ing All those of A - dam's race! O
ly a - dore you, All hid be - neath this bread. But

hun - ger for your bless - ing, All good in you pos-
quench-ing foun - tain flow - ing, Our ev - 'ry want be-
make to us this prom - ise: To see you in your

sess - ing. With fa - vor hear our heart's out - cry.
stow - ing, O come and fill our souls with grace.
full - ness, The sa - cred bo - dy's mys - tic head.

POSTCOMMUNION (5:30PM)

MISERERE MEI, DEUS

CALVERT SHENK

Miserere mei, Deus, secundum magnam misericordiam tuam, et secundum multitudinem miserationum
tuarum, dele iniquitatem meam.

*Have mercy on me, O God, according to your great mercy. And according to your abundant mercy,
blot out my transgressions. —Psalm 51:3*

CLOSING

FORTY DAYS AND FORTY NIGHTS

HEINLEIN



1. For - ty days and for - ty nights You were fast - ing in the wild;
 2. Shall not we your sor - row share And from world - ly joys ab-stain,
 3. Then if Sa - tan on us press, Flesh or spir - it to as - sail,
 4. So shall we have peace di - vine: Ho - lier glad - ness ours shall be;
 5. Keep, O keep us, Sav - ior dear, Ev - er con - stant by your side;



For - ty days and for - ty nights Tempt-ed and yet un - de - filed.
 Fast-ing with un - ceas - ing prayer, Strong with you to suf - fer pain?
 Vic - tor in the wil - der-ness, Grant we may not faint nor fail!
 Round us, too, shall an - gels shine, Such as served you faith-ful - ly.
 That with you we may ap - pear At the - ter - nal East-er - tide.

ABOUT TODAY'S MUSIC

Today, we begin our solemn observance of the season of Lent. The Ash Wednesday liturgy is much like that of Good Friday: stark and arresting in its directness. While the Sundays of Lent generally focus on the goodness of God rather than our personal penitence, it is clear from even one glance at today's liturgy that the theme is "Remember that you are dust, and to dust you shall return." The texts for the entire Mass until communion are very personal and focused on conversion. At communion we finally hear that one who "ponders the Lord...will yield fruit in due season"—a reminder of the purpose of mortification and sacrifice. A further sign that this is the season of penitence is the absence of instrumental music. An ancient tradition in the Church, this "fasting" from instruments during the season of Lent (except for accompanimental purposes) is a way to focus our minds and hearts during the liturgy. At 5:30pm, we hear a setting of Psalm 51 by the late Calvert Shenk, the former organist and choirmaster of this Cathedral church. Contemporary in harmonic language but traditional in idiom, we are happy to remember Cal with the performance of his pieces. The other polyphonic work presented is William Byrd's *Emendemus in melius*. Written early in his career in the five-voice texture (with double tenor parts) that one hears in works where Byrd intends a special profundity, this setting of the Ash Wednesday responsory tries to evoke in the listener the need to repent...now! At the same time, the choral writing also seeks to "intercede" with God, by shifts in harmony and expression that highlight the text "Hear us, O Lord, and show us your mercy, for we have sinned against you." Beautiful polyphony or not, the most appropriate music for this day is unquestionably chant. The introit at both Masses (and the offertory at 5:30pm) is the authentic Gregorian antiphon, and the antiphons and responsory during the imposition of ashes are all contemporary compositions modeled on the Gregorian originals. These "neo-Gregorian" adaptations share the same spirituality (and even chant mode and melody) as the originals. This movement of chant composition has experienced a wonderful springtime in the past few years. We hope today's Mass will compel you to a holy beginning to your observance of the season of Lent.

Find “a home on the web” at our website: www.stpaulsbhm.org/sacred-music. It includes a comprehensive sacred music section, including ways to support sacred music at the Cathedral. We are thankful today for the contributions of the Cathedral Choir (5:30PM) and schola (12:10PM) as they provide musical leadership for our Masses. More information about the mission of these ensembles (and how to join) is found on the Sacred Music site.



THE CATHEDRAL OF SAINT PAUL

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THE MOST REVEREND ROBERT J. BAKER, STD
BISHOP OF BIRMINGHAM IN ALABAMA

THE VERY REVEREND BRYAN W. JERABEK, JCL
RECTOR

LITURGICAL SCHEDULE

SUNDAY MASSES

SATURDAY 5:00PM (ANTICIPATED), SUNDAY 8:30 & 11:00AM

WEEKDAY MASSES

MONDAY-FRIDAY, 6:30AM & 12:10PM; SATURDAY, 8:30AM

CONFESIONS

MONDAY-FRIDAY, 11:30AM-12:00PM; SATURDAY, 3:00-4:00PM OR BY APPOINTMENT

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