

# THE CATHEDRAL OF SAINT PAUL

BIRMINGHAM, ALABAMA

## HOLY HOUR FOR VOCATIONS WITH EXPOSITION AND BENEDICTION OF THE MOST BLESSED SACRAMENT & II VESPERS FOR THE FEAST OF THE VISITATION OF THE BLESSED VIRGIN MARY MAY 31, 2019



Welcome to the Cathedral of Saint Paul as we pray on the eve of the priestly ordination of Deacon Justin Ward. This order will be your guide for the liturgy. Please note the symbols for cantor or celebrant (V, Can., or Celebrant) and assembly (R or All) and pray accordingly. Because Vespers is prayed tonight within a Holy Hour, the Blessed Sacrament is first exposed for Adoration.

### EXPOSITION HYMN

O SALUTARIS HOSTIA (DUGUET)

1. O sal - u - ta - ris hos - ti - a Quae cae - li pan - dis os - ti - um. Bel -  
2. U - ni tri - no - que Do - mi - no Sit sem - pi - ter - na glo - ri - a: Qui  
la pre - munt hos - ti - li - a; Da ro - bur fer aux - i - li - um.  
vi - tam si - ne ter - mi - no, No - bis do - net in pa - tri - a. A - men

### SILENT ADORATION

### OPENING VERSE (STAND)

G od, come to my assistance. R Lord, make haste to help me. Glory to  
the Father, and to the Son, and to the Ho-ly Spir-it: as it was in the beginning,  
is now, and will be for ever. Amen. Alle-lu-ia.

### COPYRIGHTS

Hymn by Fr. Samuel F. Weber, OSB, ©2012, St. Meinrad Archabbey. Magnificat polyphony by Ciro Grassi. All other compositions by Bruce Ludwick, Jr. ©2019, for the Cathedral of St. Paul, Birmingham, AL.

## HYMN

Concito gressu petis alta montis

1. Swift- ly you jour- ney to the hills of Ju-  
 2. Your words of greet- ing thrill the lit- tle Bap-  
 3. Filled with the Spir- it, you fore- tell the fu-  
 4. Peo- ples and na- tions ev- er sing your prais-  
 5. Moth- er of Je- sus, you be- stow great fav-

1. dah, Vir- gin and moth- er, treas- ur- ing your  
 2. tist, Stirred by the com- ing of the un- born  
 3. ture, All gen- er- a- tions will pro- claim you  
 4. es, Moth- er of Je- sus, and their Moth- er  
 5. ors, Bring us the grac- es need- ed for sal-

1. se- cret, Ea- ger to ren- der ser- vice to  
 2. Sav- ior, Prompt- ing his moth- er to de- clare  
 3. bless- ed, He who is might- y did great things  
 4. al- so, Trust- ing as child- ren in your in-  
 5. va- tion, So that in heav- en we may praise

1. a- noth- er Fa- vored by heav- en.  
 2. you bless- ed Far be- yond o- thers.  
 3. with- in you, Choos- ing his Moth- er.  
 4. ter- cess- ion For their well- be- ing.  
 5. the God- head With you for ev- er. A- men.

After the hymn follows the psalmody of the office. Each psalm has an associated antiphon. The antiphon will be introduced, then the schola will chant the incipit of the antiphon (the portion up to the asterisk, i.e., "Mary entered..."). Please join in the remainder of the antiphon. After the psalm, all sing the antiphon in its entirety. The psalm verses are sung alternating by verse between cantor and assembly. The psalm tone is found at the end of the antiphon below.

## ANTIPHON I (SIT)

VIII

M a-ry en- tered \* the house of Zechariah, and greeted Elizabeth, Alleluia.

PSALM 122

Can. I rejoiced when I *heard them say:* \*  
Let us go to God's house.

All And now our *feet are standing* \*  
within your gates, O Je-rusalem.

(etc.) Jerusalem is built *as a city* \*  
| *strong-ly compact.*

It is there that the *tribes go up,* \*  
the *tribes of the Lord.*

For Israel's *law it is,* \*  
there to praise *the LORD's name.*

There were set the *thrones of judgment* \*  
of the *house of David.*

For the peace of Jeru-sa-lem *pray:* \*  
“Peace be to *your homes!*

May peace reign *in your walls,* \*  
*in your pal-a-ces, peace!*”

For love of my breth-ren and *friends* \*  
I say: *Peace u-pon you.*

For love of the house *of the LORD* \*  
I will ask *for your good.*

Glory to the Father, and *to the Son,* \*  
and to the *Ho-ly Spirit:*

as it was in the beginn-ing, is *now,* \*  
and will be for ev-er. *A-men.*

(The antiphon on facing page is repeated by all.)

ANTIPHON II

W hen your greeting sounded in my ears, \* the infant in my  
womb leaped for joy, Al-le-lu-ia.

## PSALM 127

Can If the LORD does not build the **house**, \*  
in vain do its build-**ers** **labor**.

All if the LORD does not watch over the **city**, \*  
in vain does the watchman *keep vigil*.

(etc.) In vain is your earlier **rising**, \*  
your going later *to rest*,  
you who toil for the bread you **eat**, \*  
when he pours gifts on his beloved while *they slumber*.

Truly sons are a gift from the **LORD**, \*  
a blessing, the fruit of the **womb**.

Indeed the sons of **youth** \*  
are like arrows in the hand of *a warrior*.

Oh, the happiness of the **man** \*  
who has filled his quiver with *these arrows*!

He will have no cause for **shame** \*  
when he disputes with his foes in the **gateways**.

Glory to the Father, and to the **Son**, \*  
and to the Ho-*ly* **Spirit**:

as it was in the beginning, is **now**, \*  
and will be for ever. **A-men**.

(*The antiphon is then repeated by all.*)

III

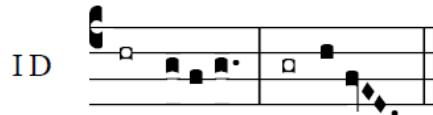
W hen your greeting sounded in my ears, \* the infant in my  
womb leaped for joy, Al-le-lu- ia.

III a

## ANTIPHON III

I

B lessed are you \* among women, and blessed is the fruit-  
of your womb, al-le-lu- ia.



Can Praised be the God *and Father* \*  
of our Lord Je-sus Christ.

All who bestowed on *us in Christ* \*  
every spiritual blessing in *the heavens*.

(etc.) God chose us in him before the *world be-gan*, \*  
to be holy and blameless in *his sight*.

He predestined us / to be his adopted sons through *Je-sus Christ*, \*  
such was his will *and pleasure*.

that all might praise the *glo-rious favor*, \*  
he has bestowed on us in his *be-loved*.

In him and through his blood, we have *been re-deemed*, \*  
and our sins *for-given*.

so immeasur-a-bly *generous* \*  
is God's fa-vor to us.

God has given us the wisdom / to understand ful-ly *the mystery*, \*  
the plan he was pleased to decree *in Christ*.

A plan to be carried out in Christ, / in the full-ness of *time*, \*  
to bring all things into one in him, / in the heavens and on *the earth*.

Glory to the Father, and *to the Son*, \*  
and to the Ho-ly Spirit:

as it was in the begin-ning, *is now*, \*  
and will be for ever. A-men.

(*The antiphon is then repeated by all.*)



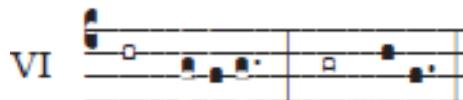
## READING

## 1 PETER 5:5B-7

In your relations with one another clothe yourselves with humility, because God "is stern with the arrogant but to the humble he shows kindness." Bow humbly under God's mighty hand, so that in due time he may lift you high. Cast all your care on him because he cares for you.

## HOMILY

RESPONSORY



Cantor Hail Mary, full of grace, the *Lord is with you*, \*  
alleluia, al-le-luia.

All Hail Mary, full of grace, the *Lord is with you*, \*  
alleluia, al-le-luia.

Cantor Blessed are you among women, and blessed is the fruit of *your womb*, \*  
alleluia, al-le-luia.

Cantor Glory to the Father, and to the *Son*, \*  
and to the Ho-ly Spirit :

All Hail Mary, full of grace, the *Lord is with you*, \*  
alleluia, al-le-luia.

CANTICLE OF MARY (*MAGNIFICAT*) (STAND)

VIII

A ll gener-ations \* will call me blessed, the Lord has looked with favor  
on his lowly servant, al-le- lu-ia.

\*NB: Magnificat is intoned by celebrant; all sing odd verses; schola sings even verses in polyphony.

VIII

M Agní- fi- cat \* á-nima | me- a Dómi-num.

2. Et exsultá-vit | spí- ri-tus me- us \* in De- o sa-lu- | tá-ri

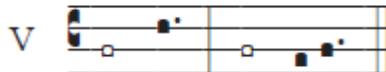
me- o. 3. Qui- a respé-xit humi-li-tá-tem | ancíllæ su- æ:

ecce e-nim ex hoc be- á-tam me di-cent omnes gene- | ra-

ti- ónes. 4. Qui- a fe-cit mi-hi | magna qui pot-ens est: et sanctum | nomen e- jus. 5. Et mi- se-ri-córdi- a e-jus a pro- gé-ni-|e in progé-ni- es timén-|ti-bus e- um. 6. Fe-cit po- ténti- am in |bráchi- o su- o: dispérsit supérbos mente |cordis su- i. 7. Depó- su- it po-|téntes de se-de, et exal- |távit húmi-les. 8. E-su- ri- éntes |implé-vit bo-nis et dí- vi-tes dimí-|sit in-ánes. 9. Suscé- pit Isra- el |pú- e-rum su- um, recordá-tus mi-se-ri-cór-|di- æ su- æ. 10. Sic-ut lo- cú-tus est |ad patres nostros, Abra-ham et sémi-ni e-|jus in sácu-la. 11. Gló-ri- a |Pa-tri, et Fí- li- o, et Spi-ri- |tu- i Sancto. 12. Sic-ut e-rat in princí-pi- o, |et nunc, et semper, et in sácu-la sácu-|ló-rum. Amen.

(The antiphon is then repeated by all.)

## INTERCESSIONS



Celebrant: Let us praise God our Almighty Father, who wished that Mary, his Son's mother, be celebrated by each generation. Now in need we ask:

**All:** Mary, full of grace, intercede *for us*.

Cantor: O God, worker of miracles, you made the Immaculate Virgin Mary share body and soul in your Son's glory in **heaven**,

**All:** direct the hearts of your children to that *same glory*.

Cantor: Lord, make your Church one in mind and heart, united in your **love**,

**All:** and keep Christians united in prayer with Mary, the mother of **Jesus**.

Cantor: You made Mary the mother of **mercy**,

**All:** may all who are faced with trials feel her mother-ly **love**.

Cantor: You wished Mary to be the mother of the family in the home of Jesus and **Joseph**,

**All:** may all mothers of families foster love and holiness through her *in-ter-cession*.

Cantor: You crowned Mary queen of **heaven**,

**All:** may all the dead rejoice in your kingdom with the saints *for ever*.

**All:** Our Father . . .

### HYMN AT BENEDICTION *Tantum ergo*

MOZARABIC CHANT, MODE V

*Down in adoration falling, Lo! the sacred Host we hail; Lo! o'er ancient forms departing, newer rites of grace prevail; faith for all defects supplying, where the feeble senses fail. To the everlasting Father, and the Son who reigns on high, with the Holy Ghost proceeding forth from Each eternally, be salvation, honor, blessing, might and endless majesty. Amen.*

℣ You have given them bread from heaven, alleluia:

℟ Having all sweetness within it, alleluia.

℣ O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who lives and reigns for ever and ever.

℟ Amen.

*Then, the celebrant gives Benediction. After Benediction, all say together the Divine Praises:*

Blessed be God. Blessed be His Holy Name. Blessed be Jesus Christ, true God and true man. Blessed be the Name of Jesus. Blessed be His Most Sacred Heart. Blessed be His Most Precious Blood. Blessed be Jesus in the Most Holy Sacrament of the Altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary Most Holy. Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be Saint Joseph, her most chaste spouse. Blessed be God in His Angels and in His Saints.

May the Heart of Jesus in the Most Blessed Sacrament be praised, adored, and loved with grateful affection at every moment in all the tabernacles of the world, even until the end of time. Amen.