

READINGS AND CREED INSERT • 2/21/21 •
THE FIRST SUNDAY OF LENT

FIRST READING

Genesis 9:8-15

God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth." God added: "This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

RESPONSORIAL PSALM (5:00pm, 7:15am, and 8:30am)

From Psalm 25

Antiphon: Your ways, O Lord, are love and truth to those who keep your covenant.

SECOND READING

1 Peter 3:18-22

Beloved: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

GOSPEL

Mark 1:12-15

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

By his *bow* *and by the Holy Spirit was incarnate of the Virgin Mary, and became man.* For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

HOLY COMMUNION

We invite all Catholics who are properly disposed (i.e., in the state of grace and having fasted for one hour before communion) to come forward in the usual way to receive Holy Communion. All others, including our non-Catholic guests, may remain in their pews and join us in prayer.

Alternatively, to participate in the communion procession and receive a blessing, come forward in the line and cross your arms over your chest as you approach the minister. Thank you.

AT 8:30am, MASS ORDINARY, PSALM, AND THOSE PARTS BELOW WITH NOTATION ARE SUNG
BY ALL. PROPER SUNG BY CANTOR (8:30am, English) OR CHOIR (11:00am, Latin).

ENTRANCE ANTIphon *Invocabit me*

cf. Ps 91:15-16

Invocábit me, et ego exáudiam eum: erípam eum, et glorificábo eum: longitúdine diérum adimplébo eum.

¶. Qui hábitat in adiutorio Altíssimi, in protectióne Dei coeli commorábitur.

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

¶. He who abides in the shelter of the Most High shall remain under the protection of the God of Heaven.

GRADUAL (in place of the Responsorial Psalm at 11:00am)

Ps 91:11-12

Angelis suis mandavit de te, ut custodiant te in omnibus viis tuis.

¶. In manibus portabunt te, ne unquam offendas ad lapidem pedem tuum.

To His Angels He has given a commandment concerning you, to keep you in all your ways.

¶. On their hands they will bear you up, lest you dash your foot against a stone.

VERSE BEFORE THE GOSPEL

Mt 4:4b

II
G Lo- ry to you, O Word of God, Lord Je- sus Christ.

OFFERTORY ANTIphon *Scapulis suis*

Ps 91:4-5

Scapulis suis obumbrabit tibi Dominus, et sub pennis eius sperabis: scuto circumdabit te veritas eius. / *The Lord will overshadow you with His pinions, and you will find refuge under His wings. His faithfulness will encompass you with a shield.*

COMMUNION ANTIphon *Scapulis suis*

Ps 91:4-5

Scapulis suis obumbrabit tibi, et sub pennis eius sperabis: scuto circumdabit te veritas eius. / *He will overshadow you with His pinions, and you will find refuge under His wings. His faithfulness will encompass you with a shield.*

CLOSING HYMN

ERHALT UNS, HERR

1. A - gain we keep this sol - emn fast, A
2. The law and proph - ets from of old In
3. More spar - ing, there - fore, let us make The
4. Let us a - void each harm - ful way That
5. We pray, O bless - ed Three in One, Our

gift of faith from a - ges past, This Lent which binds us
fig - ured ways this Lent fore - told, Which Christ, all a - ges'
words we speak, the food we take, Our sleep, our laugh-ter,
lures the care - less mind a - stray; By watch - ful prayer our
God while end - less a - ges run, That this, our Lent of

lov - ing - ly To faith and hope and char - i - ty.
Lord and Guide, In these last days has sanc - ti - fied.
ev - 'ry sense; Learn peace thru ho - ly pen - i - tence.
spir - its free From schem - ing of the En - e - my.
for - ty days, May bring us growth and give you praise.

Today's 11AM Mass Ordinary is Palestrina's Missa Ave Regina Caelorum, based on the Solemn Tone Marian antiphon for Lent, sung at the postcommunion. The offertory anthem is Farrant's Call to remembrance; during communion, the Lenten Vespers hymn "O kind creator" is sung.